Homily. Solemnity of the Most Holy Trinity Sunday. Year. C. 11/12 June 2022.

God is the very best, perfectly excellent really at always thinking of the good of others. On the other hand we have to work very hard indeed at putting the needs of others before our own desires. Even the best of us can only manage to do this from time to time. What I'm talking about here is love p, and if we know anything about God we know that God is Love.

The way I often describe this is to say that God's kind of love always chooses to sacrifice God's own wishes for the well being of others. The Holy Trinity is the word that we use to express this perfect exchange of love, the love exchanged between Father, Son and Spirit so fully and totally that God is One, undivided and always in harmony. This is an ideal that inspires us, as well as a living presence within us gracefully helping us over time to become perfect like God, perfect likenesses of Love.

Because we believe in God and trust God's Son who sacrificed Himself to save us this means that our families, communities and deepest personal relationships are called to be loving, respectful, reconciling and creative. This loving way empowers us to overcome our self-centredness, healing the hurts that inevitably happen between us. But we have to remember this; It's the loving grace of the Trinity spent upon you and me that makes any and all of this possible. Left to ourselves alone, as the evidence in our world shows us time and again, we can only end up divided, angry, power mad, disrespectful and destructive in both our motivations and actions.

All I've said so far serves to point us to the essential gift of the Trinity, the gift of the One loving God who made us and who, in Christ through the action of the Holy Spirit, is busy loving us daily into life while saving us from the claws of a bleak, hopeless death in selfishness. The mystery of the Trinity that we hear spoken about is this; That God's love can be so perfectly for us no matter the trouble or cost to God, and that this love now dwells within us drawing us out of ourselves until we resemble God.

One of the early Saints of our Church put it this way; God became fully human in Jesus Christ so that we could become God, no if's or but's. Perfect Love became one of us in every way, except sin which is the opposite of such Love, so that we could become perfectly loved and perfectly loving. This is the mystery and the gift, the reality of our lives today and our destiny towards which we are working. On this weekend's Solemnity we name, celebrate and deepen all of this so that we ourselves can become a perfect loving sacrifice and offering, truly pleasing to the One Loving God who always loves us first and foremost.